

BORONNDARA

Bicycle Users Group

Rides Supplement April 2010

Camberwell Downhill Gourmet Bike Riders

2010 Calendar

18th April Host - Graham Ellis. The ride should be about 30km. The plan is CANTERBURY Station to CERES for coffee then return. A 9:15 departure should work with train arrivals from both directions. If you intend coming, or for further details, please contact Graham: phone: 9836 0415 or email: grahame@holmesglen.vic.edu.au

16th May Host - Julia Blunden

20th June Host - Bruce & Yvonne Dite

18th July Host - TBA

23rd July Bi-Annual Dinner – Riversdale Hotel – Hawthorn – Convenor Elva

15th August Host - TBA

19th September Host - TBA

17th October Host - Jack Simpson

21st November Host - David & Geraldine Powell

26th November Annual Break-up Dinner – Riversdale Hotel - Hawthorn. - Convenor Elva

There isn't an organized ride in December as the third Sunday is too close to Christmas.

Please telephone Elva Parker (9836 6392) if you can assist at all with any of the "TBA" rides.

Hawthorn Cycle Tours

Hawthorn Cycle Tours (run by the Hawthorn Aquatic and Leisure Centre) has 10 bikes (and helmets) available. Or you can bring your own bike (and helmet) if you prefer. Rides are on Tuesday mornings from 9.30am - 11.00am. Child minding is available at the Creche. It is a social ride, with either a coffee stop out on the trail or on return to the centre (or both!). Distance travelled is usually between 15-20km, mostly flat riding with an occasional hill. Riders' ages vary from 20-70 years old. Contact: Hawthorn Aquatic and Leisure Centre, phone: 9815 0988, Website:

<http://www.geocities.com/perften/Hct.html> or e-mail: lexbishop@bikerider.com

Ashburton Riders Club

ARC is an informal group of cyclists from (mostly), the Ashburton, Glen Iris and Camberwell area who ride for fun, fitness and good company. We seek to be inclusive of, and helpful to, all riders (male and female) and of differing fitness levels. We have approximately 70 cyclists on our email list.

We have a regular Sunday 7am ride to Black Rock for coffee. However, there are always more rides of shorter and longer distances and on other days. These alternative rides are organised by ARCers posting a notice on the [ARC Forum](#). We enter many of the main organised rides in Victoria such as Around the Bay, the Great Divide Ride and Amy's Ride.

You are welcome to join us for a ride.

Schedule of rides:

Sunday (every week), 7am to Black Rock for coffee (44k)

Monday (every week) Hawthorn velodrome leaving from 8 Audrey Cr at 6.10am, return 7am

Tuesday (every week) Carnegie velodrome leaving 6 Rosedale Rd at 6.10am, return 7am

Other Rides will appear here if advised to ARCer1 via a [Forum](#) message prior to Wednesday 5:00 pm .

Rides start from Ashburton Railway Station car park, west/city side of the track unless otherwise stated.

Contacts: Tony Landsell' email: tony@diacher.com or Justin Murphy, email: murphij@au1.ibm.com

Kew Neighbourhood Learning Centre Bike Riding Group

Get back into cycling. Explore the Yarra bike paths. Make sure you have checked your bike is in working order before you come. Rides are between 15km -25km. Let us know if you are coming.

Free - Second Wed of the month - 9.30am -12pm

Contact: Robin Kendrick, phone: 9853 3126

Surrey Hills Neighbourhood Centre Group

The group rides on the 2nd and 4th Monday, but will possibly move to weekly rides as interest grows. Meet at 10am at the nominated place. BYO drink. Most rides are 20-25km (3hrs approx) As no liability is taken by the SHNC, cyclists are encouraged to join Bicycle Victoria, and RACV Bike Assist as an optional extra. Bookings essential at the Centre Monday to Friday 10am-4pm. Surrey Hills Neighbourhood Centre, 157 Union Rd, Surrey Hills 3127; phone: 9890 2467; email: info@surreyhillsnc.org.au ; www.surreyhillsnc.org.au

Finbar Neighbourhood House Rides

We are now riding regularly on the third Sunday of the month. Meet at Finbar, 143 Kent Street, Richmond to ride at 10.30am. We try to stick to paths where possible and always include a stop for a cuppa and chat. ALL WELCOME.

Contact Deb in the office on 9428 7668 or 0403 028 200 on the day.

Sassafras Ride

Every Sunday all year. Starts at *Bike Life*, 114 Auburn Road, Hawthorn, near corner of Burwood Rd and the overhead railway bridge, Melways Ref. Map 45 F10. Arrive prior to 7:30am to ensure departure at 7:30am sharp. Arrives in Sassafras around 9:00am and leaves Sassafras by 9:30am Arrives back in Hawthorn around 10:45am.

Distance under 70km from Hawthorn to Sassafras return (includes the 7km 1 in 20 hill climb). Route: Auburn Road, Rathmines Road, Canterbury Road, Boronia Road, Mountain Highway (Wantirna Sassafras Road), Mount Dandenong Tourist Rd. You can join and leave the peloton anywhere along this route.

Refreshment stop: Café *Ripe*, 376 Mount Dandenong Tourist Road, Sassafras, phone: 9755 2100; Melway Ref. Map 66 F9.

Council on the Ageing (COTA) Cycling Group

Seniors Bike rides in 2010

We ride 4 Wednesdays each month.

•The 1st and 3rd Wednesday rides are short (20- 30km) to encourage less experienced riders to join us. The 2nd and 4th Wednesday rides are more challenging, (50- 60km).

• We generally meet at **10am** at the 'Place to meet' (see below). When meeting at Flinders St. station, meet at the info centre on the main concourse. The train times shown are current as at January 2010. Please check them the day before. A coffee stop is found midmorning. We take our own lunch and picnic together on the long rides. Riders are welcome to join the rides along the way (we will travel in the last carriage of the train) or cut the ride short at any point.

• If the temperature is 30°C or above on the day, the long rides will be cut short.

Please contact **Janet Bennett** by e-mail janpeter@bigpond.net.au or on **9853 9808** to discuss details.

All riders are requested to join Council on the Aging (COTA). We also recommend that riders consider joining Bicycle Victoria for the insurance and service they offer.

Date	Place to meet	Description	Grade
April 7 th	Flinders St. station MEL 2F G6 Hurstbridge line	Short ride – train to Heidelberg and return to city	Easy
April 14 th	Flinders St. station MEL 2F G6 Hurstbridge line ~ 9.16am arrive 9.48am	<i>From Heidelberg station, Mill Park Lakes tour</i> . North through Watsonia to Plenty Rd path, Mill Park streets to Lakes. West via O'herns Rd to Hume Trail, then Ring Rd, Reservoir streets, Darebin Ck Trail to finish at Alphington station.~60 km	Med
April 21 st	Flinders St. station MEL 2F G6	Short ride – train to Jacana and return to city via Moonee Ponds trail ~ 20km	Easy
April 28 th	Flinders St. station MEL 2F G6 Lilydale line ~ 9.07am arrive 10.03am	Kinglake ride. We will visit the area and support the community. A road ride, some unsealed ~ 60km. Return via Hurstbridge station.	Hard
May 5 th	St. Kevin's boathouse Yarra Boulevard, MEL 59 B1	Short ride – Gardiner creek and Anniversary trail circuit ~ 30km.	Easy
May 12 th	St. Kevin's boathouse Yarra Boulevard, MEL 59 B1	<i>A circuit of the city ~ 70km.</i> Ride the Gardiner & Scotchman's creek trails to Jells Park, then the Eastlink, Koonung creek and Main Yarra trails to return to start.	Med.
May 19 th	St. Kevin's boathouse, MEL 59 B1	Short ride – Main Yarra and Anniversary trail circuit ~ 25km	Easy
May 26 th	St. Kevin's boathouse Yarra Boulevard, MEL 59 B1	The 'Ed and Alan' bike and road tour to Carrum and return by train to city ~ 50km	Med
June 2 nd	Flinders St. station MEL 2F G6	Short ride – train to Glen Waverley station and return to city by Waverley rail trail ~ 20km.	Easy
June 9 th	Flinders St. station MEL 2F G6 Belgrave line ~ 9.50am arrive at 10.28am	<i>Heatherdale Station to Docklands</i> - using the Eastlink, Koonung Creek and Main Yarra trails ~ 50km.	Med
June 16 th	Flinders St. station MEL 2F G6	Short ride – Coburg and return via the Upfield rail trail ~ 20km.	Easy
June 23 rd	Footbridge in	Ride the Main Yarra and Plenty river trails to the Ring road	Med

	Southbank, MEL 2F F7	to Dalton rd. Then across country to the Hume trail. Return to city via the Merri creek trail ~ 60km.	
June 30 th		No ride	

Whitehorse Cyclists Inc

Last updated 23 March 2010

Date	Destination	Description	Distance and grade	Leader Contact
Thu 01/04 9:30 am	Thursday	?	?	Barry McC 9848 1154
Thu 01/04	Easy Thursday	Note: No Ride due to Easter		
Thu-Mon 01-05/04	South Gippsland Easter Getaway	Three one day rides to Meeniyan (via Rail Trail), Port Franklin/Port Albert and Waratah/Sandy Bays. Caravan park cabin accom at Foster. Details in Jan newsletter, reservations and \$50 deposit to Anna or Mike carinda@iinet.net.au	220 M	Anna V, Mike McN 9830 4195
Sun 04/04 9:00 am	Eltham Aqueduct	Ruffey Creek, Main Yarra Trail, Research, (M)Eltham	48 M	Bruce D 9852 1921 0430 225 295
Tue 06/04 9:30 am	Easy Tuesday Hughesdale	Gardiners Creek Tr, Urban Forest, (M)Hughesdale	35 E	Loreto B 9808 1960 0412 289 236
Tue 06/04 9:00 am	Medium Tuesday Eastern Views	Mitcham, Heathmont, Bayswater, Boronia, (M)Upper Ferntree Gully, Blind Ck, Dandenong Ck, Eastlink Tr	45 M	George C 9878 0293
Tue 06/04 9:30 am	Hard Tuesday Lysterfield Lake	Tecoma, McNicol Rd, Bird Lands Reserve, Lysterfield Lake, Reservoir Rd, Heatherton Rd, Power Rd, Baden-Powell Dr, Brady Rd, Dandenong Creek Tr	80 M/H	John C 0438 655 977
Thu 08/04 9:40am	Thursday NSW Training Ride	Warburton Rail Tr, (M)Woori Yallock, (L)Warburton 9:04 train from Box Hill arr Lilydale 9:36. Reduced ride: Join at Wandin]	76[54] M/H[M]	Mike T 9859 3647 0407 045 217
Thu 08/04 9:30am	Easy Thursday Clifton Hill	Koonung Tr, Main Yarra Tr, (M)Clifton Hill, Rushall, Ivanhoe, Wilson Reserve, Koonung Tr	30 E	Bernie F 9878 6640
Sun 11/04 9:30 am	Beginners' Ride Templestowe. Meet at Hays Paddock 45 J1	Main Yarra Tr, (M)Templestowe	20 E	Keith M 9857 5805
Sun 11/04 9:30 am	Heathmont	Blackburn , (M)(B)Heathmont	30 E	Elaine H 9877 1434
Tue 13/04 9:30 am	Easy Tuesday Abbotsford Convent	Gardiners Creek Tr, Capital City Tr, Studley Park , Dights Falls , Deep Rock, (M)Abbotsford Convent, Yarra bend Park, Walmer St	30 E	Geoff H 9509 5156
Tue 13/04 9:00 am	Medium Tuesday Manningham Wanderings	Koonung Tr, Manningham streets and tracks, Green Gully Linear Park, (M)Melissa's, Main Yarra Tr, Anniversary Tr, Hays Paddock. Some hills	40 M	Graeme I 9848 5127
Tue 13/04 10:00 am	Hard Tuesday Warburton Rail Trail	Lilydale, Woori Yallock, Warburton	80 M/E	Abdy S 0413 327 650

Tue 13/04 7:45 pm	Club Night	Corner Station & Combarton Sts Monthly Meeting	Mike W 9509 1290	
Thu 15/04 9:30 am	Easy Thursday Fitzroy	Koonung Tr, Main Yarra Tr, (M)Clifton Hill, Edinburgh Gardens, Alexandra Pde, Yarra Bend Park, Alphington	35 E	David P 9890 3634
Thu 15/04 10:00 am	Thursday Bunyip	(M)Bunyip, Black Snake Rd , Gembrook, (L)Mortimer Reserve 8:47 train from Richmond arr Pakenham 9:52.	75 M/H	Max A 9882 1223
Sun 18/04/10 to Sat 01/05/10	North Coast NSW 2010	Supported ride from Lennox Head to Newcastle along the coast and hinterland of Northern NSW	850 M/H	Jacques F 9497 2306
Sun 18/04 9:30 am	Beginners' Ride Jells Park. Meet at East Malvern RS 69 B1	Scotchmans Creek Tr, (M)Jells Park, (B)Glen Waverley	32 E/M	Keith M 9857 5805
Sun 18/04 9:00 am	South Melbourne Saunter	Gardiners Creek Tr, Main Yarra Tr, Southbank, Port Melbourne, (M)Bay St, Dorcas St, St Kilda Rd, Main Yarra Tr	38 E	David M 9885 7673
Tue 20/04 9:30 am	Easy Tuesday Burke Rd Loop Around the Yarra	Mullum Mullum Creek Tr, Tunstall Square, Koonung Tr, Main Yarra Tr, (M)Heidelberg, Westerfolds Park A few hills	38 E/M	Dick van G 9844 3344 0416 212 423
Tue 20/04 9:00 am	Medium Tuesday Eastern Creeks	Koonung Tr, Eastern Creek Tr, (M)Croydon, Tarralla Creek Tr, Dandenong Creek Tr, Eastlink Tr, Mitcham, Koonung Tr	45 M	Geoff D 9836 1414 0428 361 236
Tue 20/04 9:30 am	Hard Tuesday Point Cook Homestead	Williamstown, Altona, Sanctuary Lakes, Point Cook, Laverton, Federation Tr, Somerville Rd, Footscray	80 M/H	Charles L 0431 592 874
Thu 22/04 9:30am	Thursday	Koonung Tr, (M)Eastland, Croydon, (L)Bayswater, Dandenong Creek Tr	50 M	Mike McK 9816 3386
Sun 25/04 5:00 am	Anzac Day Dawn Service	Richmond , Shrine of Remembrance, Richmond for breakfast	25 E	Mike McK 9816 3386
Sun 25/04 9:30 am	Beginners' Ride Fairfield Meet at Hays Paddock 45 J1	Main Yarra Tr, (M) Fairfield Boathouse, Westgarth, Ivanhoe	20 E	Keith M 9857 5805
Sun 25/04 9:30am	Croydon- Montrose Circuit	Dandenong Creek Tr, Colchester Rd, (M)Montrose, Sheffield Rd, Liverpool Rd, Dandenong Creek Tr Some Hills	30 E/M	Gill B 9725 5310 0451 054 927
Tue 27/04 9:30am	Easy Tuesday	Main Yarra Tr, Eltham, (M)Diamond Creek, (L)Eltham (Early at Sushi Wushi Restaurant \$15.00pp, return to start by 2:00pm)	30 E	Gill B 9725 5310 0451 054 927
Tue 27/04 9:00am	Medium Tuesday Black Scotchguard Ride	Koonung Tr, (M)Mt Waverley, Scotchmans Creek Tr, Gardiners Creek Tr	40 M	Greg C 9878 4297
Tue 27/04 10:00am	Hard Tuesday Kinglake	Yarra Glen, Steeles Creek, Kinglake, Hurstbridge, (F) Valda Ave	100 M/H	Charles L 0431 592 874
Thu 29/04 9:30am	Thursday	?	55 M	Robin R 9830 1449
Sun 02/05 9:30 am	Beginners' Ride Hughesdale. Meet	Anniversary Tr, Ferndale Park, (B)Glen Iris Park, (B)Carnegie, (M)Hughesdale, Urban	22 E	Keith M 9857 5805

	at East Camberwell RS (North side) 46 A11	Forest, (B)Alamein, (B)Burwood		
Sun 02/05 9:30am	TBA	TBA	TBA	TBA
Tue 04/05 9:30am	Easy Tuesday	Warburton Rail Tr, Launching Place, (M)Warburton, Warburton Rail Tr	30 E	Bernie F 9878 6640
Tue 04/05 9:30am	Medium Tuesday Melbourne Loop	Yarra Boulevard, Westgarth St, (M)Clifton Hill, Capital City Tr, Canning St, Albert St, Hilton Hotel, MCG, (B)Richmond, Main Yarra Tr, Gardiners Creek Tr, Anniversary Tr	48 M	Mike T 9859 3647
Tue 04/05 9:00am	Hard Tuesday Carrum	Beaumaris, Carrum	100 M/H	Mike H 0407 094 929

Banyule Bicycle User Group—Rides Program

Rides start from Warringal Park (Melway ref 32 B4) unless otherwise indicated. **Visitors are welcome to just turn up. Flexible ride options will be available at 9:00am Sundays or 9:30am Tuesdays and Fridays to cater for newcomers and others seeking to improve their riding fitness. For further details contact Graeme W. 9435 9687 or Les B. 9435 0615.**

EasyRide: with the “Latte” Group every **Tuesday and Friday 9:30am** – relaxed pace and informal, with break for coffee/snack/chat. **See program and other details at** <http://www.vicnet.net.au/~banylbug>.

HarderRide: every Tuesday and Sunday **9.00am**. BYO morning tea. Check program below.

<i>Apr</i>	<i>Ride/Event</i>	<i>Description</i>	<i>Leader</i>
Sun 4	“Riders’ Choice”	Rider who suggests is leader, otherwise by agreement	
Tue 6	“Riders’ Choice”	Rider who suggests is leader, otherwise by agreement	
Sun 11	<i>Royal Park</i> 35 km.	Out through Wilson Res, Capital City Trail. Return by Upfield trail to Coburg, streets, Merri Ck, and streets to W. Heidelberg.	Graeme W/ 9435 9687
Tue 13	<i>Middle Maribyrnong</i> 60 km	Capital City Trail, Moonee Ponds Ck Trail and streets to Maribyrnong River. Up river to Canning St Reserve for break (switchback H2 both ways but great view). Return by streets (H2 from river valley) through Moonee Ponds, Brunswick, Thornbury.	John G/ 9439 3884
Wed 14		General Meeting – Watsonia Library 8:00pm	
Sun 18	<i>Open Day, Como Gardens, The Basin, (Melway 65K7)</i> 40 km	Ann. Trail to E. Camberwell station (H2). 9.59 Train (prepurchase Sunday ticket) to Bayswater. Dandenong Ck and Mountain H'way Trails (long H1) to The Basin & break at Como Gardens. Then Forest Rd (long downhill-bike lane) to Ferntree Gully. Down Belgrave Trail back to Bayswater. Train to E. Camberwell station, and Ann. Trail home. http://www.comogardens.com.au/ .	Les D/ 9459 2701
Tue 20	<i>Ringwood Lake</i> 45 km	Koonung Trail to Eastlink (some H3), Ringwood exit to Ringwood Lake for break. Then Lena Gv following railway to Dandenong Ck Trail to Eastlink and Mitcham streets to Koonung Trail home.	Alan P/ 9435 9421
Sun 25	“Riders’ Choice”	Rider who suggests is leader, otherwise by agreement	
Tue 27	<i>Combined Group 40km</i>	9:30 start. Ride to Diamond Creek via creek trail. Coffee shop stop for morning tea (details to be confirmed).	Les B/ 9435 0615
May			
Sun 2	<i>Knox City Circuit</i>	Anniversary Trail to Canterbury station (12 km). Train to Heatherdale. Follow Eastlink Trail to High Street Rd. Then Blind	Richard B/ 9459 8648

	70 km	Ck Trail to Belgrave Rail Trail at Boronia. Train from here or Bayswater (at ~30 km) back to Canterbury, or bike all way home via Dandenong Ck & Koonung Trails (long H1 to Mitcham high point).	
Tue 4	<i>Richmond</i> 50 km	Yarra Trail to Fairfield and Victoria Park then streets south to Lennox St. Break at Burnley. Yarra trail home.	Alan P/ 9435 9421
Sun 9	<i>Yarra Bend</i> 35 – 40 km	Streets west to Merri Ck (1 x H2). Down the Trail to break at Studley Park. Return by Boulevard (some H1) and Yarra Trail.	Lou B/ 9459 6887
Tue 11	<i>Edwardes Lake</i> 37 km	Out by Darebin Creek Trail and Reservoir Streets. Return by Ring Road, Greensborough and Plenty River Trail (a few H1).	John G/ 9439 3884
Sun 16	<i>Valley Reserve</i> 45 km	Anniversary Trail (some H1 and 1 x H2) to Alamein, then follow rail to Mt. Waverley (long H1) and Reserve for break. Return by Alvie Rd, Damper Ck Res., Swayfield Rd, Chain Res. Trail to Gardiners Ck Trail at Bennetswood. Then through Box Hill to Bushy Ck and Koonung Trails.	Graeme W/ 9435 9687
Tue 18	<i>Quarry Hills Park</i> 50 km	River Gum trail to Watsonia and Mill Park. H2-3 into Park & some walking possible. Return through South Morang but avoiding Plenty Rd.	Robert R/ 9439 1078
Sun 23	<i>Belgrave</i> 60 km	Ride to Box Hill station. Take train to Belgrave. Downhill ride to Bayswater and Dandenong Ck. Trail. Then streets (Eastlink an alternative) and Koonung Trail.	Graeme W/ 9435 9687
Tue 25	<i>Seven Trails</i> 68 km	Yarra, Anniversary, Gardiners Creek, Scotchmans Creek, streets (short H2, long H1), Dandenong Ck. Break Jells Park. Join Eastlink (some H3), and Koonung home.	Maurie A/ 0409 186082
Sun 30	<i>St Kilda Beach</i> 50 km	Out through Port Melbourne. Return through Albert Park.	Richard B/ 9459 8648

NightRide: Every Wednesday **8:00pm from Rivergum Walk at Banyule Rd pedestrian traffic lights -**

20 km on Koonung trails or Yarra Trail to Westerfolds Park. Lights required. Contact: Robert 9457 1980

Manningham BUG

Rides are subject to change so

ALWAYS phone the ride contact close to the date of the ride to confirm details.

For general enquiries ring Harvey (03)9890-8006 or Garry (03)9439-5016

Mid Week Rides

There are rides on most Wednesdays. Meet at 9:30am at Warrandyte (outside Pasta Mania) for a local ride every second week, alternating with a 10am meeting at a distant location for a longer ride. Contact Don 9848-5803

Melbourne Bicycle Touring Club

Ride and Club Night Programme

April			
Thu 1 Apr	First Aid for Cyclists (to be confirmed)		Di
Easter 2-5	Bendigo to Ballarat	Med 250km	Glenn

Apr			
W/E 10-11 Apr	Rosedale to Licola & return	150km med-hard	Rob B
Sat 10 Apr	Gentle amble from Murrumbeena Station back to the city via the Urban Forrest, Dairy Bell Ice Cream factory	Easy 25km	Norm
Sun 11 Apr	Castlemaine-Maldon loop	60km medium	Peter B
Mon 12 Apr	Club Lunch: Casino Food Court South Bank		Norm

For information on the above rides, please contact the Touring Secretary, Paul Schofield 9444 0249, or at rides@mbtc.org.au . Please note that this e-mail address doesn't get checked every day - so don't expect an immediate response!

About the Ride Gradings

Easy: Relatively short distances and easy terrain, with no critical time factor. Suitable for the occasional cyclist.

Medium: Longer distances with varied terrain. Reliable gears, food, tools and wet weather clothing are advisable. Ability to maintain a reasonable speed to meet critical time factors is required.

Hard: Long distances and/or difficult terrain. Extensive experience in all aspects of cycling is mandatory. Riders must be able to maintain a good speed throughout the ride.

YHA

YHA Cycling is made up of people who enjoy cycling in the suburbs and out in country Victoria with a sociable group of like-minded people, aged mainly between mid 20s and mid 40s. YHA Cycling is a recreational club, not a racing club, and we do a mixture of day and weekend rides. The group is based in Melbourne, Victoria, under the umbrella of the YHA Australia, and is one of a number of such local YHA activities groups.

YHA contacts: Ride Co-Ordinator Kathy on rides@yhacycling.org.au or mobile 0425-792 574, or Secretary Voula on secretary@yhacycling.org.au; website: <http://yhacycling.org.au> R = Road Bike / H = Hybrid / M = Mountain Bike / Soc = Social
E = Easy / M = Medium / H = Hard / Soc = Social

Date	Ride Description	Bike Type	Distance (Kms)	Grade	Ride Leader	Booking Req'd	Ride Leader Contact
APR							
Sat 17 & Sun 18	Forrest Weekend Ride (Forrest - 2.5 hours SW of Melbourne)	M	TBC	TBC	Rob	Y	Robert.Shaw@influenzacentre.org
MAY							
Sat 15	Ballarat to Hepburn	Any	TBC	TBC	Nick	Y	nick@spraynozzle.com.au 0417 506 493